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International Association of Coaching Institutes ICI: www.Coaching-Institutes.net

ICI Standards & Curriculum for:

ICI accredited "Agile Methods in Coaching, ICI"

The qualification for "Agile Methods in Coaching, ICI" is accredited by the ICI. The member of the ICI institute: BES-Institute, with its "Coach Master Trainer, ICI": Andrea Mills, who developed the curriculum, have the right to make and seal the certificates of this certification with an ICI seal. If you have any questions, please contact BES-Institutes, our ICI member directly.

Training Program:

Certification Blended (elearning + synchronous/face-to-face)		Hours
Type	**E-LEARNING**	**16.5**
Training	Videos of theoretical content of the SER Method and Assessment (1.5 hr x week x 5 weeks)	4.5
Practice	Personal Concept	1
Training	Discussion forums	2
Training	Agile Methods Booklet reading	8
Evaluation	Knowledge certification assessment.	1
Type	**SYNCHRONOUS / FACE-TO-FACE**	**23.5**
Training	Synchronous/face to face lessons of contents and demonstrations (5x2.5hrs each)	12.5
Practice	Sessions with learning partner, as a coach and as a coachee (1 hr each)	2
Practice	Sessions with 2 external coachee (1.5hrs each)	3
Practice	Practical experiential learning exercises (1 hr per week per 5 weeks)	5
Evaluation	Recording and evaluation of a live session as Coach and as Coachee (30min c/u)	1
TOTAL HOURS		**40**

Competences:
The program prepares you to be qualified in the Implementation of Agile Methods in Coaching.The participant will learn different concepts and techniques to be able to make diagnoses and develop ac-tion plans with the SER Assessment and Methodology for people, professionals and teams, com-plementing with their experience in leadership, coaching and nl.

PROFESSIONAL AND PERSONAL BENEFITS
- Accompany leaders and professionals in achieving the next level of
- Accompany and coach the organizational culture of companies, teams and groups of professionals with regard to new values and ways of working.
- Coach people and teams to generate an agile mindset to achieve extraordinary results.
- Define agile methods for the working environment
- Generate high-performance, self-sustaininable teams in a changing environment
- Identify and work limiting beliefs that prevent professionals and teams from achieving an agile working set.
- Reduce stress levels and manage human well-being.

- Vocational Orientation.
- Self-knowledge.

The ICI certificate for: "Agile Methods in Coaching" must include:
1. The correct title of qualification: "Agile Methods in Coaching, ICI"
2. Course duration with accurate information regarding training days and hours (at least 40 hours including 16.5 hours of e-learning and 23.5 hours of face-to-face/synchronous training)
3. The start and end date of the training.
4. A statement that all ICI guidelines have been met.
5. ICI seal (sticker with ICI logo and stamp number)
6. The signature of the "Coach Master Trainer, ICI"

Qualification Training Content: We recommend listing the fulltrained principal content and the full number of hours and days of training required for certified coaching qualification on the back of the certificate or on a separately signed document.

The following declaration is optional for an ICI sealed certificate:
"Due to the high quality of this training, it can be recognized as ECTS credit points in academic studies in psychology with a focus on coaching"

For more details, please refer to "ICI Certification Guidelines"

For more information please contact "BES-Institutes, Andrea Mills", by visiting the ICI website: www.coaching-institutes.net